



**Saratov State Medical University named after V.I. Razumovskiy  
Russian Federation**

**SRF Travel Grant Report 2019**

**Olga Gumeniuk**

I express my sincere gratitude towards the Education Committee and Society for Reproduction and Fertility for awarding me with the SFR Travel Grant to attend the 21th EUROPEAN CONGRESS OF ENDOCRINOLOGY in Lyon, France (May 18-21, 2019).

The annual ESE meeting is the leading international conference on endocrinology in the Europe. The 4-day scientific programme was extensive and spanned many aspects of endocrinology, including symposiums, presentations, lectures and e-posters with relevance for the reproduction and my own research.

There were lectures, sessions, oral communications, posters and symposiums I found especially useful: "Translational research in pituitary disease", "Steroidomics", "Psychoendocrinology of gender dysphoria", "Co-morbidities in Turner and Klinefelter syndrome", "NCAH and female reproduction", "Thyroid in pregnancy", "Kiss1 as integrator of endocrine and metabolic function in the hypothalamic-pituitary axis", "PCOS: Can we personalize treatment?", "Maternal smoking and high BMI disrupt thyroid gland development", "Vitamin D – non skeletal effects in RCTs", "Dissecting androgens in PCOS".

The specificity of my research work is closely related to the program of the ESE Meeting 2019. The program gave me lots of ideas for my own studies, in particular, for the study of the relationship between the breast condition, menstrual condition and Vitamine D, for the use personalised medicine.

I was able to discuss my work with colleagues, learn about new drugs for the treatment of obesity, lipodystrophy and hear about genetic syndromes combining endocrine and reproductive disorders

I sincerely thank the Education Committee and Society for Reproduction and Fertility for its positive consideration my SFR membership's and travel grant's application and support my attending of the ESE meeting.