

## **European Society of Human Reproduction and Embryology- 30th Annual Meeting**

**Munich, Germany, 28 June - 2 July 2014**

**Sourima Biswas Shivhare**

The SRF travel grant contributed towards my trip to Munich to present at the 30<sup>th</sup> Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE). The ESHRE annual meeting is a focal point for world leaders in human reproduction and embryology and is integral to my doctoral research, in which I am investigating the role of endometrial vascular development in women with menorrhagia. My research aims to improve our understanding of this condition and propose new less invasive and effective treatment for women with menorrhagia.

I was selected to deliver a poster presentation and my abstract was also selected for the poster awards in the basic science category where only the top 10 out of 600 selected abstracts get nominated. Prior to the conference, I attended a pre-congress course on one of the most debated topics in IVF and embryology, time-lapse microscopy in an IVF laboratory. This course was extremely insightful since the day took us from current applications, scientific knowledge for the use of time-lapse microscopy, the need for randomised controlled trials to finally a clinician's perspective. This was of particular benefit since I aim to become a clinical embryologist where it is vital to know about the current topics and viewpoints from both clinicians and scientists.

Thus attending this meeting was crucial for my PhD and gave me the opportunity to present and discuss my findings with international experts in the field, broadening my knowledge in various aspects of reproductive medicine and also meet with future collaborators.