

**ESSM
2020**

Prague



25 Year Anniversary

22nd CONGRESS

OF THE EUROPEAN SOCIETY FOR SEXUAL MEDICINE

January 23–25, 2020
Prague, Czech Republic

www.essm-congress.org

Preliminary Program



Exam Preparation Courses
January 20–22, 2020

MJCSM Exam | ECPS Exam
January 23, 2020

Hosted by:
Society for Sexual Medicine of Czech Republic (CSSM)

WELCOME MESSAGE

DEAR COLLEAGUES,
DEAR FRIENDS,

On behalf of the European Society for Sexual Medicine (ESSM) and the Society for Sexual Medicine of Czech Republic (CSSM) it is a great pleasure for us to welcome you all to the 22nd Congress of the ESSM in Prague, which will be held January 23–25, 2020.

For 2020 we needed to make an exchange between Rotterdam and Prague because of other specialty related meetings. Nevertheless, together with our local organizing committee and our PCO we can guarantee you an excellent ambiance and state-of-the art congress.

ESSM family is celebrating our 25 year anniversary and holds the slogan “a grow from basic science to clinical practice” with a holistic, multidisciplinary approach and delivers high standard information from basic and clinical science to clinical practice. ESSM also celebrates its annual congress with up to date science on the latest and most fascinating findings and achievements in Sexual Medicine. The leading experts in Sexual Medicine will share with you how recent research findings may translate into clinical applications and how clinical findings will finally support and enrich your daily medical practice for the benefit of the million sufferers from any kind of sexual problems.

With the long-standing tradition of ESSM our priority of the annual congress is the educational program aiming at training of young colleagues and to intensify the knowledge of advanced colleagues in special topics of interest. In that sense, ESSM builds bridges between the generations. This is what ESSM extremely stands for: the mixture of pioneers and leaders as well as new upstarts in the field of Sexual Medicine is the secret recipe of the permanent success story of the ESSM congresses. The content of the congress will cover topics regarding all sexes and all sexual orientations. State-of-the-art educational opportunities and the newest innovative research will be highlighted. To achieve this, the faculty will include renowned experts and up-coming stars in our field.

Besides an attractive scientific congress program, built by our scientific committee, we will introduce innovative methods of content delivery, facilitate peer-to-peer discussions and networking. Your active participation and involvement in some of the sessions will be appreciated and promoted.

The Local Organizing Committee will strive to make the importance of the congress evident to the scientific and health care authorities and welcomes you with warm hospitality and nice atmosphere.

WELCOME MESSAGE

Prague, capital city of the Czech Republic, is the home city of more than 1.5 million people. Prague has been a political, cultural and economic center of central Europe complete with a rich history. Nicknamed as “the City of a Hundred Spires,” it is known for its Old Town Square, the heart of its historic core, with colorful baroque buildings, Gothic churches and the medieval Astronomical Clock, which gives an animated hourly show. Completed in 1402, the pedestrian Charles Bridge is lined with statues of Catholic saints. Let this lively city seduce you, enjoy the authenticity of the old town with its many squares and monuments. Prague is a very popular city, it is the fourth most visited European city after London, Paris and Rome. That this popularity is completely right, you should see with your own eyes!

Don't miss this chance of being part of our celebration and join us for another memorable ESSM congress. We look forward to welcome you!



Yacov (Cobi) Reisman
ESSM President



Ondrej Trojan
Local Chair



IMPORTANT DEADLINES

Abstract Submission Deadline	October 10, 2019	Early Bird Deadline	October 30, 2019
Notification of Acceptance	December 2019		

MORE INFORMATION:

www.essm-congress.org

PREPARATION COURSES AND EXAMS

MONDAY, JANUARY 20th, 2020

Room A

- 12:00–12:10 Introduction
- 12:10–12:40 Male anatomy, physiology and hormones
- 12:40–13:10 Female anatomy and physiology
- 13:10–13:40 Sexual response models
- 13:40–14:10 HPG axis (menstrual cycle and menopause)
- 14:10–14:30 **Coffee Break**
- 14:30–15:00 Sexual development
- 15:00–15:30 Sexuality in elderly population
- 15:30–16:00 Sexual clinical history
- 16:00–16:30 Sexual orientation
- 16:30–17:00 **Coffee Break**

Room A MALE SEXUAL DISORDERS

- 17:00–17:30 Hormonal disorders and male sexual dysfunction
- 17:30–18:00 Male hypoactive sexual desire disorders
- 18:00–19:00 Erectile Dysfunction

TUESDAY, JANUARY 21st, 2020

Room A

- 08:45–09:00 Discussion from yesterday
- 09:00–10:00 Ejaculatory and orgasmic disorders

Room A FEMALE SEXUAL DISORDERS

- 10:00–10:30 Sexual arousal disorders
- 10:30–11:00 **Coffee Break**
- 11:00–11:30 Hypoactive sexual desire disorder
- 11:30–12:00 Orgasmic disorders
- 12:00–12:30 Sexual pain disorders
- 12:30–13:30 **Lunch Break**
- 13:30–14:00 Female sexual function in midlife
- 14:00–14:30 Pelvic floor disorders and sexual function
- 14:30–15:00 Pregnancy, postpartum abortion and sexuality
- 15:00–15:30 Contraception and sexual dysfunction
- 15:30–16:00 **Coffee Break**

Room A OTHERS

- 16:00–16:30 Pelvic pain and sexual dysfunction
- 16:30–17:30 Tips & tricks of MCQ exam

PREPARATION COURSES AND EXAMS

WEDNESDAY, JANUARY 22nd, 2020

Room A

- 08:45–09:00 Discussion from yesterday
- 09:00–09:30 Cancer and sexuality
- 09:30–10:00 Iatrogenic sexual dysfunction and sexual rehabilitation
- 10:00–10:30 Paraphilia and variant sexual behaviour
- 10:30–11:00 **Coffee Break**
- 11:00–11:30 Hypersexual behaviour
- 11:30–12:00 Gender identity disorders
- 12:00–13:00 **Lunch Break**

Room A MJCSM

- 13:00–13:30 Female external genitals disorders
- 13:30–14:00 Dermatology of the external genitals
- 14:00–15:00 Andrological emergencies
- 15:00–15:30 **Coffee Break**
- 15:30–16:00 Peyronie's disease and penile disorders
- 16:00–16:30 Prostate diseases and sexual function
- 16:30–17:00 STD, HIV & sexual function

Room B ECPS

- 13:00–13:30 Historical aspects, sexual rights and health promotion
- 13:30–14:00 Assessment and management of sexual dysfunctions
- 14:00–15:00 Sexual violence and child sexual abuse
- 15:00–15:30 **Coffee Break**
- 15:30–16:00 Sexual motivation, intimacy and communication
- 16:00–16:30 Therapeutic methods of sexologists
- 16:30–17:00 Therapeutic methods of sexologists – continuation

The exam will be held on Thursday, January 23rd, 2020 in the morning.

The preparation courses and the exams will take place in the Prague Congress Centre.

SESSION TYPES

DEBATE

During the three days of the congress debates are scheduled for 60 minutes. This year in new and interactive format. First a case will be presented by experts and followed by a discussion according to defined essential questions, concerning pro and cons, which simultaneously will be presented. The audience will be involved in the discussion.

NATIONAL AFFILIATED SOCIETIES

The symposia will be held in national or English language by different Affiliated Societies of the ESSM.

WORKSHOP – LESSONS FROM THE EXPERTS

beyond the EBM (Evidence Based Medicine)

Workshops are designed for an interactive exchange of knowledge in the field of Sexual Medicine. During each workshop a short review of the accepted practice will be given following practical tips and tricks for the daily practice. The workshops will be conducted by a prominent, experienced speaker. The number of participants will be limited and according to “first come first served”. Hand-outs will be available online following to the respective workshop.

INDUSTRY SYMPOSIUM

Industry sponsored sessions are organized by the industry in consultation with the ESSM scientific committee.

MASTER LECTURE

Master lectures of 30 minutes will be given by a distinguished and renowned expert and will be devoted to a specific topic of major interest.

PODIUM SESSION / VIDEO SESSION

These sessions will present the best papers / video accepted for the congress and will focus on specific topics presenting the very latest findings in this field. Each session will last between 30 to 90 minutes. Presentations are limited to 4 minutes followed by 2 minutes of discussion. Videos are allocated for 5 minutes presentation and 3 minutes discussion.

ROUND TABLE

These sessions will usually last 60 minutes. Some of these sessions are scheduled for 90 minutes. They will focus on a particular topic which will be discussed from different clinical and scientific aspects and present the very latest data related to it. The round tables will include four or five papers and time for discussion.

HIGHLIGHTED POSTER TOURS

The highlighted poster tours were selected by the Scientific Committee based on a peer review of all abstract submissions. The most interesting posters are grouped by topic and presented in 30-minute moderated tours. The tours will take place during the coffee breaks.

PRELIMINARY PROGRAM SCHEDULE

Thursday, January 23rd, 2020

	Room I	Room II	Room III	Room IV	Room V	Exhibition Area	
09:00		09:00–12:00 NA-1 National Affiliated Societies			09:00–11:00 NA-4 National Affiliated Societies		
09:15							
09:30							
09:45							
10:00					10:00–12:00 Young Sexual Medicine Academy		
10:15							
10:30							
10:45							
11:00			11:00–12:00 WS-1 Sex toys and porn: can we use them as treatments?		11:00–13:00 NA-5 National Affiliated Societies		
11:15							
11:30							
11:45							
12:00	12:00–13:00 RT-1 On-line interventions in sexual related issues	12:00–13:00 RT-2 Off label use of collagenase			12:00–16:00 NA-2 National Affiliated Societies		
12:15							
12:30			12:30–13:30 RT-5 Male sexual health after spinal cord injury (SCI)				
12:45							
13:00	13:00–14:30 Lunch Break				13:00–15:00 NA-6 National Affiliated Societies		
13:15							
13:30		13:30–14:30 RT-3 Difficult cases in female clinical practice					
13:45							
14:00			14:00–15:30 PS-1 Podium Session				
14:15							
14:30	14:30–15:30 D-1 Treatment of female genital pain: is Radiofrequency the best option?	14:30–15:30 RT-4 How should we manage Peyronie's disease in the acute phase			15:00–18:00 NA-7 National Affiliated Societies		
14:45							
15:00							
15:15							
15:30		15:30–16:00 ML-1 Physical rehabilitation sexology				15:30–16:00 HP-1-3 Highlighted Poster Tour	
15:45							
16:00	16:00–16:30 Coffee Break			16:00–17:00 WS-2 How to manage puberty-delaying hormone therapy in adolescents with gender dysphoria	16:00–18:00 NA-3 National Affiliated Societies		
16:15							
16:30	16:30–18:00 SA-1 Industry Symposium						
16:45							
17:00		17:00–18:00 D-2 Is testosterone treatment in middle-aged elderly men with BPH safe?		17:00–18:00 PS-2 Podium Session			
17:15							
17:30							
17:45							
18:00		18:00–18:30 ML-2 Penile prosthesis, present past and future					
18:15							
18:30	18:30–19:30 Opening ceremony						
18:45							
19:00							

PRELIMINARY PROGRAM SCHEDULE

Friday, January 24th, 2020

	Room I	Room II	Room III
07:30			07:30-08:30 SA-5
07:45			Industry Symposium
08:00	08:00-09:00 RT-6	08:00-09:00 ESSM-1	
08:15	The unspoken: women's unmet needs in sexual medicine	Journal of Sexual Medicine session	
08:30			08:30-09:30 RT-12
08:45			European Professional Association for Transgender Health (EPATH) session
09:00	09:00-10:00 D-3	09:00-10:00 RT-8	
09:15	Are penile surgical lengthening procedure the best option for patients complaining of short penis?	Hypoactive sexual desire disorder in men	
09:30			
09:45			
10:00	10:00-10:30 Coffee Break		
10:15			
10:30	10:30-11:00 SA-2	10:30-11:30 D-5	10:30-11:30 SA-6
10:45	Industry Symposium	Premature ejaculation is oral therapy the best option?	Industry Symposium
11:00	11:00-12:00 RT-7		
11:15	Developments in the pharmacological treatment of female HSDD		
11:30			11:30-12:00 PS-3
11:45			Podium Session
12:00		12:00-13:00 SA-4	
12:15		Industry Symposium	
12:30			
12:45			
13:00		13:00-14:00 RT-9	13:00-13:30 ML-3
13:15		Pain session: from misery to pleasure	History of Sexual Medicine
13:30	13:30-14:00 ML-4		13:30-14:30 RT-13
13:45	Presidential lecture		International Society for Sexual Medicine (ISSM) session
14:00	14:00-16:00 SA-3	14:00-15:00 RT-10	
14:15	Industry Symposium	PDE5is non-responders: a role for combination therapy?	
14:30			14:30-15:00 ESSM-2
14:45			International Society for the Study of Women's Sexual Health (ISWSH) – ESSM joint lecture
15:00		15:00-16:00 D-6	15:00-16:00 RT-14
15:15		Is TRT safe only for organic hypogonadism?	European Federation of Sexology (EFS) – ESSM joint session
15:30			
15:45			
16:00	16:00-16:30 ML-5		
16:15	Counseling erectile dysfunction patients for low intensity shock wave therapy: what pitfalls?		
16:30		16:30-17:00 Coffee Break	
16:45			
17:00	17:00-18:00 D-4	17:00-18:00 RT-11	17:00-18:00 ESSM-3
17:15	When sexual and relational problems coincide. What to treat first?	Erectile dysfunction after pelvic surgery	International Continence Society (ICS)
17:30			
17:45			
18:00			

PRELIMINARY PROGRAM SCHEDULE

Friday, January 24th, 2020

	Room IV	Room V	Exhibition Area	Exhibition Area
08:00	08:00-09:00 RT-15	08:00-08:30 ESSM-5		
08:15	Sexual distress	Statements (Female)		
08:30		08:30-09:00 ESSM-5		
08:45		Statements (Surgery)		
09:00	09:00-10:00 WS-3	09:00-09:30 ESSM-5		
09:15	Sexuality and the aging couple	Statements (Transgender)		
09:30		09:30-10:00 ESSM-5		
09:45		Statements (New development sections)		
10:00			10:00-10:30 SA-7	10:00-10:30 Meet the expert for clinical case discussion
10:15			Industry Symposium	
10:30		10:30-12:00 PS-4	10:30-11:00 HP-4	
10:45		Podium Session	Highlighted Poster Tour	
11:00	11:00-12:00 RT-16			
11:15	Sexual Medicine Society of North America (SMSNA) session			
11:30				
11:45				
13:00		13:00-14:00 WS-5		
13:15		Management of male sexual dysfunction -Combining evidence-based medicine and expert related strategies		
13:30	13:30-14:30 ESSM-4			
13:45	World Association for Sexual Health (WAS) session	14:00-14:30 ESSM-6		
14:00		Statements (basic)		
14:15		14:30-15:00 ESSM-6		
14:30	14:30-15:30 RT-17	Statements (Sexology)		
14:45	How can we improve the results of collagenase injection therapy?	15:00-15:30 ESSM-6		
15:00		Statements (Media)		
15:15		15:30-16:00 ESSM-6		
15:30		Statements (Male)		
15:45				
16:30			16:30-17:00 SA-8	16:30-17:00 Meet the expert for clinical case discussion
16:45			Industry Symposium	
17:00	17:00-18:00 WS-4			
17:15	When the brain blocks the genitals: management of men's performance anxiety			
17:30				
17:45				
18:00	18:00-19:00 ESSM			
	business meeting			

GENERAL INFORMATION

ABSTRACT SUBMISSION

Your opportunity to give the best exposure to your research and science.

The abstract submission is open until Thursday October 10th, 2019, 23:59 (CET).

ABSTRACT TOPICS

1. Basic and translational science
2. Male sexual health and dysfunction
3. Female sexual health and dysfunction
4. Sexology
5. Male and Female genito-urinary reconstructive surgery
6. Transgender and gender diverse people
7. News in sexual medicine field
8. New technologies and sexual function

For more information about the abstract submission and guidelines, please visit the congress website:

www.essm-congress.org/call-for-papers/

FINAL PROGRAM AND ABSTRACT PUBLICATION

The final program will be published on the congress website in the week leading up to congress.

Abstracts will be published only if they have been presented. Abstracts will be published in the online JSM supplement available from end of March.

HOTEL ACCOMMODATION

The 22nd Congress of the European Society for Sexual Medicine is pleased to offer a selection of two official hotels which are ideally located close to the Prague Congress Centre. To book the Cornthia Hotel or Holiday Inn please visit the congress website.

More Hotels can be booked via the Hotel Reservation Service (HRS). Information are published on the congress website.

REGISTRATION

Registration is online available at: <https://www.essm-congress.org/register-now/>

GENERAL INFORMATION

REGISTRATION FEES

	Reduced Registration Fee from October 30, 2019	Registration Fee from October 31, 2019
ESSM Members		
Physicians (MD)	€ 500	€ 600
Reduced Fee*	€ 200	€ 250
Non-Members		
Physicians (MD)	€ 600	€ 700
Reduced Fee*	€ 250	€ 300
Medical Students**	€ 50	€ 75
Student**	€ 50	€ 50

* Nurses, Residents in Training, Scientists (PhD), Psychologists, Therapists, Students. An official letter of the chairman of the department or the employer is necessary. Self-employed are asked to fill in a declaration on letter head paper.

** Proof of respective status is required.

More Information about the registration can be found on the congress website.

TRAVEL INFORMATION

The Prague Congress Centre is adjacent to the Vyšehrad station on Line C of the Prague underground railway network, providing convenient access by public transport from the city's airport and all major rail and bus stations.

Visit the website to find out the different ways to get to Prague.



IMPORTANT DEADLINES

Abstract Submission Deadline	October 10, 2019	Early Bird Deadline	October 30, 2019
Notification of Acceptance	December 2019		



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REASONS TO ATTEND THE CONGRESS

1. LATEST KNOWLEDGE

Get the latest news and knowledge in the field of sexual medicine to bridge the gap between theory, pre-clinical research and the daily treatment of patients.

2. KEY OPINION LEADERS

Engage with key opinion leaders in the most talked-about areas of the sexual medicine.

3. VALUABLE INSIGHTS

Gain valuable insights from interactive and practical sessions, case studies and new delivery formats.

4. CHALLENGES AHEAD

Prepare for the advances in sexual medicine and the challenges ahead.

5. NEW DEVELOPMENTS

Learn about new developments of innovative treatment options from around the world.

6. WORTHWHILE INTERACTIONS

Spend three days in interactions that are really worth your time.

7. NETWORK

Meet colleagues from all over the world, get tips and trick and increase your horizon.

8. CERTIFICATIONS

If you are not a fellow yet, apply to the exams,take the preparation course and combine with a “one to remember” congress.

9. CELEBRATING

The ESSM family Silver Jubilee.